

Guitar Strumming Studies - Pt.1

Downloadable Exercises

Worship Team Training
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Strumming, Muting and Hammer-on Patterns.

Guidelines: These techniques are applied to both acoustic and electric. Below are listed song excerpts that correspond with pattern exercises. The demo box contains the example excerpt which contains a standard strumming pattern. The option box contains the "new" or "idea" patterns.

Practice Technique:

All beat patterns consist of down and up beats. In a standard beat sequence "down" strums occur on down beats and "up" strums occur on the up beats (as followed). Strumming patterns are also indicated by style and tempo.

3 Popular Styles: Fast Tempos, Mediums and Ballads **Purchase All Listed Songs at: www.praisecharts.com**

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Practice Guide:
1. Play all muted - 1 chord
2. Play all open 1 chord
3. Play As-Written - chord progression

1. DEMO Fast Tempos @ 120-130 bpm. *Most Well-Known Worship Guitar Strumming Pattern

Songs in the styles of: Your Grace is Enough (Mahr), Forever (Tomlin), and Come Now Is The Time To Worship (Doerksen).

/ = strum note x = muted note (mute with left hand & strum with right).

Plug in Chord Pattern into a song's Chord progression.

Option 1: Hammer-on 16ths

Option 2: 16ths stop

Option 3: 8th note gallop

Hammer 3rd note of Chord

2. DEMO Medium Tempos @ 90-115 bpm.

Songs in the styles of: Blessed Be Your Name (Redman), Everlasting God (Brown), and Jesus Messiah (Tomlin).

Practice Guide:
1. Play all muted - 1 chord
2. Play all open 1 chord
3. Play As-Written - chord progression

Plug in Chord Pattern into a song's Chord progression.

Option 1: 2 bar back-beat

Option 2: Open bottom + strum

Option 3: Arrpeggiated Pick & Strum

Open root

Open root

3. DEMO Ballad Tempos @ 60-90 bpm.

Songs in the styles of: Mighty to Save (Morgan), Your Name (Baloche/Packiam), and Revelation Song (Riddle)

Practice Guide:
1. Play all muted - 1 chord
2. Play all open 1 chord
3. Play As-Written - chord progression

Plug in Chord Pattern into a song's Chord progression.

Option 1: double-up accents

Option 2: Slow Gallop

Option 3: Hammer and Nails